



Paradise  
PlantsBerlin



## /Tarragon/

Tarragon is a type of herb. Some people refer to it as “Mugwort.” It is found growing across much of Eurasia and North America. The plant is known as Dragon in Swedish, Dutch, and German. The species name, *Dracunculus*, means “little dragon,” and the plant tends to be named after this because of its coiled roots.

Tarragon can reach the height of 120–150 centimeters (4–5 feet) and has slender branches. The leaves are lanceolate, 2–8 cm (1–3 in) long, and 2–10 mm (1/8 – 3/8 in) broad, glossy green, and have an entire margin. The flowers are attributed to the small capitula 2–4 mm (1/16 – 3/16 in) in diameter, with each capitulum containing up to 40 yellow or greenish-yellow florets.

The above-ground parts of the tarragon plant are used to make medicine.

The characteristic aroma is largely absent in some other subspecies.

The species exhibits polymorphism. Informal names for the varieties include “French tarragon” (best for flavoring), “Russian tarragon,” and “wild tarragon”. Tarragon is a culinary herb that is used in foods and beverages; it is one of the four fine herbs of French cooking, and it goes especially well with chicken, fish, and eggs. It is also used in the manufacturing of soaps and cosmetics as a fragrance.

## /Benefits/

Tarragon is nutritional value has been proven. Aside from being an important flavoring ingredient that appears to be capable of combating certain bacteria, it is also an antioxidant, digestive aid, and source of a wide range of vitamins. Tarragon leaves (fresh and dried) are high in vitamins. It contains a high concentration of vitamin C, making it a potent antioxidant. Tarragon also contains vitamin A and all of the B vitamins, including folate, pyridoxine, niacin, and riboflavin. These are important active principles that aid in the proper functioning of the nervous system. They are also necessary for metabolism. Tarragon contains a lot of Potassium. It is used to treat digestive issues, poor appetite, water retention, and toothache, as well as to induce



## /Preparation Process/

1 – Removing the product as possible from pesticides in areas where the risk is at least possible, and concerning quality. So, it's pesticide-free and EU compliant.

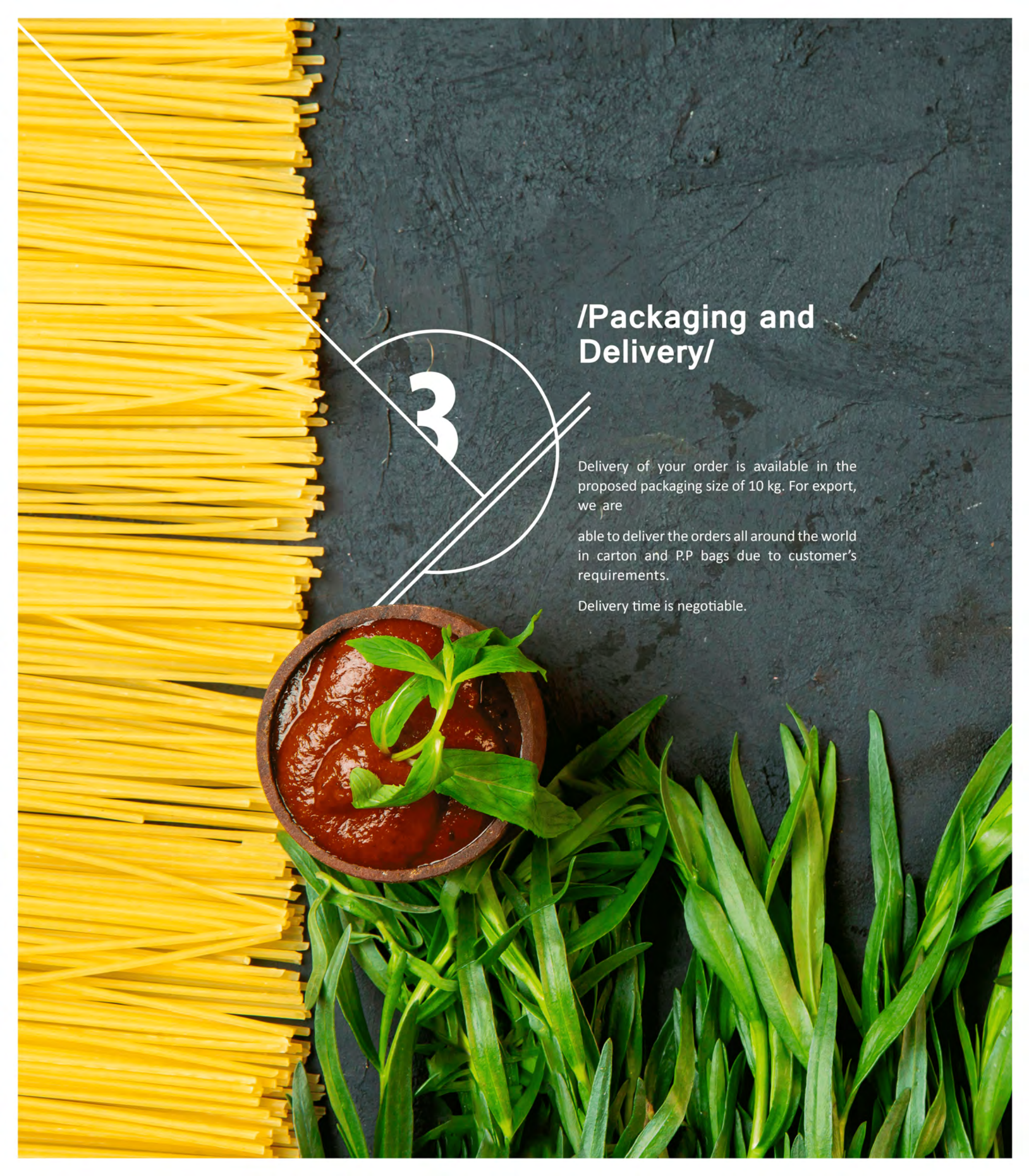
2 - Reaching the levels of crop moisture to an acceptable temperature with a dryer according to the clients' requirements

3 - Perform laser sorting

4 - Double sort the product and delivery purity 99.8%

5 – Disinfecting the product

6 - Packaging



## /Packaging and Delivery/

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Delivery of your order is available in the proposed packaging size of 10 kg. For export, we are

able to deliver the orders all around the world in carton and P.P bags due to customer's requirements.

Delivery time is negotiable.



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## /Nutritional Values of Tarragon/

For a Serving Size of 100 g  
Calories 295

Vitamins and Minerals	Amount	*Daily Value%
Total Fat	g 7.2	9%
Saturated Fat	g 1.9	10%
Total Carbohydrate	g 50	18%
Protein	g 23	46%
Sodium	mg 62	3%
Dietary Fiber	g 7.4	26%
Potassium	mg 3020	64%
Calcium	mg 1139.00	88%
Iron	mg 32.30	179%

Percentages are based on 2000 calories a day in a diet.

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